

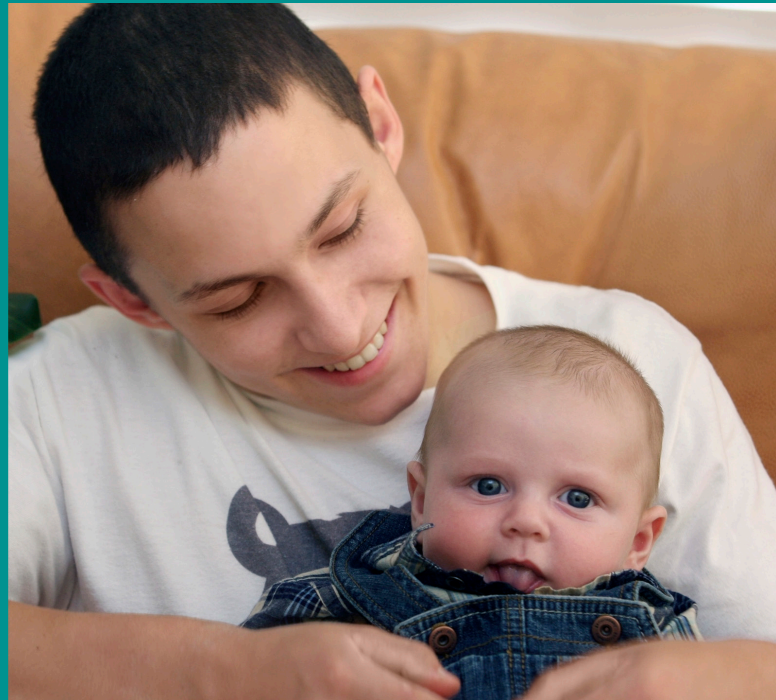
# Handle Babies with Care!

## Meet Ryan.

He loves football, playing the drums and especially, the new baby in his life.

When the baby cries, he knows how to chill:

- Put your baby down in a safe place like a cot or a pram and go into another room. Once you feel calmer, go back to your baby.
- Ask your partner, friend or relative to take over for a while.
- Try not to get angry with your baby as this will only make the crying worse.
- Never let things get so bad that you feel desperate, there are lots of ways you can get help.



**NEVER** shake your baby - this is extremely dangerous. If the crying becomes too much to bear then take a break, don't shake.

Although 200 babies suffer from abusive injury to the brain each year with men more likely to be the cause of the injuries, **unintentional** injury is one of the leading causes of disability and death in children.

Around 25% of these children will die as a result of their injuries and up to 80% who survive will suffer from severe life changing disabilities.

For advice on how to handle babies with care please call your Health Visitor or contact Torbay Children's Centres on 01803 329666 or please visit the NSPCC at:  
<http://tinyurl.com/NSPCChandlebabieswithcare>

Or visit: [www.torbay.gov.uk/earlyhelp](http://www.torbay.gov.uk/earlyhelp)



If you are concerned about a child or young person in Torbay, please ring the Torbay Multi-agency Safeguarding Hub (MASH) on 01803 208100 or local police on 101. If an emergency dial 999.



Keeping children safe  
is everyone's responsibility